The

Neighborhood



January 2023

<u>EMPath: Mobility</u> <u>Mentoring Training</u>

EMPath has developed a roadmap to help low-income people reach economic independence. Focused on long-term goals, EMPath guides each person in health, family life, career, finances, and education.



Mobility Mentoring is defined as the professional practice of partnering with participants so that over time they may acquire the resources, skills, and sustained behavior changes necessary to attain and preserve their economic independence.

Over the summer staff at Epiphany, Ellis, Horizons, Nurtury & East Boston Social Centers took part in the summer series of Empath and will begin implementing Empath Mobility Mentoring with families in their centers for the new year.

EMPath upcoming virtual event:

Goal Setting! A Mobility Mentoring Informed Approach. January, 11th 3-4pm (EST)

Click <u>here</u> to register for this free event.

NEIGHBORHOOD UPDATES

Our first annual Winter WonderFest event was a huge success!. Attendance was great. Families enjoyed beautiful decor, arts & crafts, face painting, tons of give aways, Fresh Truck produce, musical performance by Branches Steelpan Orchestra and a visit from Santa!

Click <u>here</u> to see more. Thank you to all the awesome staff and volunteers.

Special thanks to MFS for their sponsorship and to Councilor Julia Meija.















Resources



Vital CxNs is a non-profit organization based in Boston and they have recently put together a Food Resource Guide. The Food Resource Guide is a reliable compilation of trusted food resources to ensure everyone has access to food every day. It is also available in several other languages on their website.



March 17th save the date for our first ever Neighborhood wide Professional Learning Day!

Neighborhood Villages will be hosting a Neighborhood-wide professional learning day for educators at East Boston Social Cetners, Ellis, Epiphany, Horizons, and Nurtury. We will host the event at Bunker Hill Community College's Chelsea campus.

We will have programming from 9am-3pm, with lunch provided. Participants may choose among a range of morning and afternoon workshops and have time to network with other educators. Specific workshops will be geared towards program leadership and Family Navigators.

More information to come, we can't wait!



- New Teacher Workshops: Each month we hold a workshop for teachers new to the neighborhood. This is a six-part series, and new teachers are encouraged to participate in all six. They can join any time. Next Workshop Topic: Collaboration & Teamwork
 - Friday, January 20th| Time: 9-10am You may click <u>here</u> to learn more.
- New Website: Please visit our new
 Teaching and Learning Website for more
 information and to sign up for webinars
 and workshops. You can also download
 our Teaching in the Neighborhood
 newsletter that features tips and great
 teaching ideas from across the
 Neighborhood.

In the Spotlight!!



Cherish Casey is a dedicated Family Navigator at Ellis Early Learning. She began her career with children and families over 15 years ago, studying Child Growth and Development at Northeast Regional Vocational Highschool in Wakefield, Massachusetts. She has worked in many early education centers in Lynn and inner-city Boston.

Cherish is currently studying for her MSW. Her passion for Social Work sprouted from developing a great interest in children's social and emotional well-being and finding ways to support families to thrive on their journey to self-sufficiency.

Cherish does an excellent job working one on one with the families at Ellis by being a great source of support.

Keep up the good work Cherish!!!

UPCOMING EVENTS IN THE NEIGHBORHOOD

Community of Practice Calls (bi-weekly): January 12th & January 26th

- Operations Managers-1pm https://us02web.zoom.us/j/7860436852?
- Family Navigators -2pm https://us02web.zoom.us/j/7860436852?
- Neighborhood wide Professional Development Learning Day. March 17, 2023 at Bunker Hill Community College - Chelsea Campus.

